

Curricular Area: Home Economics

Level: BGE (level 2)



<p><u>Experience and Outcomes</u></p> <p>I can understand that food practices and preferences are influenced by factors (HWB 2-34a).</p> <p>When preparing and cooking a variety of foods, I am becoming aware of the journeys which foods make from source to consumer, their seasonality, their local availability and their sustainability (HWB 2-35a).</p> <p><u>Learning Outcome</u></p> <p>YP will be able to explain the importance of seasonality when sowing and harvesting fruit and vegetables.</p> <p>YP will be able to explain the benefits to the consumer.</p>	<p><u>Resources</u></p> <p>Veg patch Fruit and vegetable seeds Garden spades and forks</p>
<p><u>Activity</u></p> <p>YP learn about seasonality – link to food choice.</p> <p>Learn about a range of fruit and vegetables and identify when they would be in season and they best time to plant them.</p> <p>YP would then sow the seeds and harvest them when in season and make soup/fruit salad.</p>	<p><u>Assessment</u></p> <p>YP should be able to identify when a variety of foods are in season and their conditions for growth.</p> <p>YP should be able to explain the benefits of seasonality and its impact on food choice.</p>

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