# Curricular Area: Health & Wellbeing Level: First Level



# Experience and Outcomes

I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health. HWB 0-15a / HWB 1-15a / HWB 2-15a / HWB 3-15a / HWB 4-15a

# Learning Outcome

We can find and explore the outdoor garden using all of our senses.

### Resources

Clipboards

Scavenger Hunt sheet

Pencils

A variety of objects outdoors – logs, sticks, leaves, any other objects on garden floor.

### Activity

- Scavenger Hunt I will explain lesson and hunt before we leave the classroom. Go over all boxes for those who struggle to read.
- Put into groups before leave classroom and pair struggling readers with confident ones.
- Using worksheet to guide in groups hunting for different sensory items.
- Each group will explore the garden and look for items on their scavenger hunt.
- Items include balancing on a log, touching different objects, searching for smells and noticing if they can taste anything different in the air.

#### Assessment

I will assess by observing the children and making notes on how well they are working together as well as how they are searching for the different items in their scavenger hunt. I will be looking to see if they are exploring to find these items or if they are copying or following others.

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